

# ASPARTAME

Taken from an article written by Nancy Markle for The world Environmental Conference and the Multiple Sclerosis Foundation\*\*

-Aspartame is marketed under the names of NutraSweet, Equal and Spoonful

-In recent years, there has been an increase in the number of multiple sclerosis and systematic lupus diagnosis...many health professionals believe that Aspartame is the cause of it

-When Aspartame exceeds a temperature of 86 F, the wood alcohol in it converts to Formaldehyde, then to formic acid which then causes metabolic acidosis

-The toxins that are created in this process cause people to be wrongly diagnosed with the Multiple Sclerosis, when in fact they have Methanol Toxicity which can be fatal or cause hearing and sight loss.

Studies have also shown that Lupus is much more common in Diet Pepsi and Diet Coke Drinkers

-Aspartame also changes the brains chemistry, which can cause severe seizures. It can also cause birth defects. It also stresses the nervous system.

-Aspartame is also suspected of speeding up the onset of Alzheimer disease in adults.

- Aspartame can be especially harmful to diabetics causing memory loss, vision loss and even comas.

-Aspartame may be the cause of many Desert Storm health problems. Diet drinks were left in the hot sun for weeks, and then were consumed by members of the military. Many of the people experienced symptoms of Aspartame poisoning because heat changes the chemical make-up of Aspartame.

Many neurosurgeons have testified that many of the brain tumors they remove have high levels of aspartame in them.

**\*\*THINK BEFORE YOU DRINK OR EAT ASPARTAME\*\***  
**Is it really worth it?**